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Questions or Comments

If you have any questions or comments about Sea Angels Cruise and Inner Wellness Conference, please feel free to contact us at seaangelscruise@yahoo.com.

We'd love to hear from you!

What it means to be a Sea Angel...

Sea Angels Cruise and Inner Wellness Conference was

Spring (March/April 2009) SAC Newsletter

Happy Spring! The grass is greening, the trees are budding and the flowers are blooming. Mother Earth is giving us signs of renewal - a fresh start - and it is truly wondrous. The past year has been challenging in the least to most people. We've had changes in government leaders, in our financial institutions and even our own personal careers and finances. The infrastructures we've known for years began to crumble or are being forced to morph into something new and different.

However, change is not necessarily bad. It is just different, which can be necessary, but somewhat uncomfortable. Human beings tend to be creatures of habit and sometimes it just takes us a while to adjust. The planets help us plan and adjust accordingly.

Planetary Influences at work

Pluto, the slow moving planet of destruction and transformation, went **retrograde** into Capricorn on April 4th for the next 5 months. Pluto takes 248 years to complete an entire rotation around the sun, spends 21 years in each sign, and goes retrograde 5 months each year. During the retrograde, it is time to let go of the old and outdated things - structures, emotions and patterns - that no longer serve or are of value to us. It is a time to restructure and retake control of your life NOW.

Additionally, **Venus squared Pluto** on April 3 which pressured us to re-examine and review our relationships with others. It is time to determine what is or is not working and why. However, besides love and relationships, Venus also rules spending! **Venus went retrograde** on March 6 and does not go **direct** until April 17. During Venus retrograde periods, it is best not to make any major purchases or financial decisions - in addition to relationship changes. If you buy a car or house during this time, it will become a money pit! Once Venus goes direct, you've had time to think things through and can now make better informed decisions.

The **sun enters Taurus** on April 19 and the **new moon in Taurus** on April 24 and both indicate it's time to get your financial house in order. Stability and a plan of action to achieve it are in order. There's no time like the present.

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